The Zentangle Method is a fun, easy, and relaxing, way to create beautiful little bits of art. Each pattern is called a "tangle" and is made up of a combination of lines, dots, simple curves, S-curves and orbs. These patterns are drawn on small pieces of paper called "tiles." We call them tiles because you can assemble them into mosaics.

You only need a few simple tools/materials to get started:

- a piece of paper
- a pen or marker
- a pencil
- a tortillon or blending stump (can be a Q-tip or your fingers)

Zentangle is nonrepresentational art - meaning that you are not trying to create something that looks "like" something else. It's uniquely yours - and so there are No Mistakes!

Cindy Brandt has been studying Zentangle and Zentangle Inspired Art for about 2 years.



